

Mini workshops

Now that evenings are lengthening and normal social activities are restricted, why not organise a small group of friends to start Loving Earth Panels?

It is very easy to do using resources readily available on Loving Earth website and makes for an interesting get together. It is ideal for groups of up to six.

What do I need to do?

- you will need a laptop - and even connect this to the TV or digital projector if a larger group
- invite up to 5 friends to join you in the garden or house. They should bring a notebook/paper and pencil and maybe coloured pencils plus something to rest this on. They might bring their own refreshment or you might provide these in a COVID-19 safe way.

Mini Workshop Programme 1-2 hours

Watch the introductory video in the resources section of the website

Listen to the meditation in the resources section of the website

Spend a few minutes at the end of the meditation in silence jotting down thoughts, ideas and sketches about the thing which you love which is affected by climate change.

This is a good time for a short break for refreshments.

Ask each member of the group to talk about their ideas - what it is they love - and then encourage them to think about further research and understanding how their way of life affects this thing and what they can do to help. This is likely to raise various issues and can provoke lively discussion. Make sure everyone gets a turn.

On the screen show a number of panels from the website gallery. Can you work out what techniques have been used?

What ideas might each person have about the panel they hope to create? What might they need? How can they get it in an environmentally friendly way? Old curtains or curtain linings / old sheets might make a good backing and could be painted with fabric paint or dilute acrylic paint; pieces of old clothes or scraps of fabric could be cut up and stuck on using 'bondaweb'; crochet, knitting embroidery are all possible; felt making is another option. There are some technique descriptions on the website and others elsewhere on YouTube. If not sure about skills you may have friends who have textile skills who might help you.

Talk about how to keep in touch whilst panels come together and think about joining the regular Zoom sessions organised by Loving Earth on Thursday evenings from late October onwards.

Have fun! Share your finished panels with each other - you might like to get together again to look at and discuss these.

PS if you are in local lockdown and can't meet in person could you meet by Zoom?